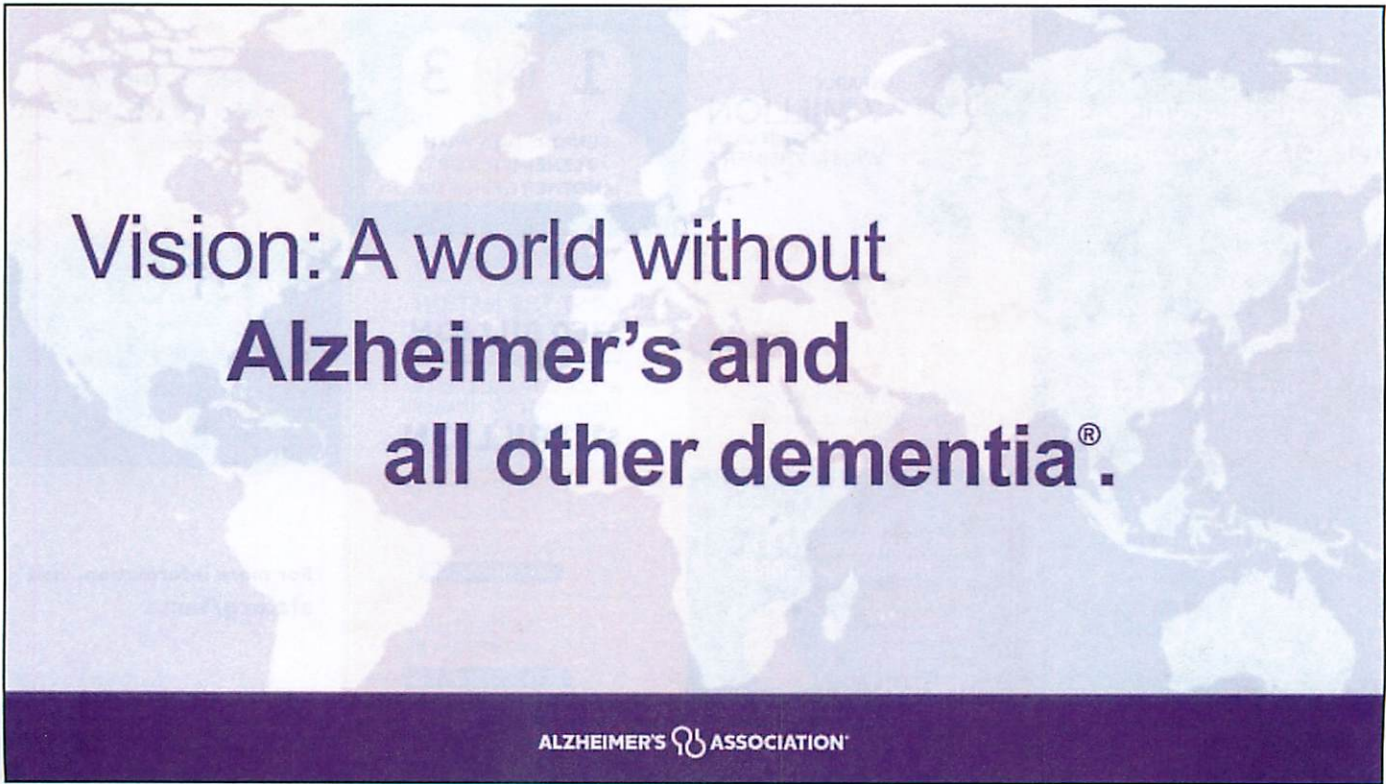


2024: Make a Difference in Your Community

Rotary  ALZHEIMER'S / DEMENTIA
Rotary Action Group

ALZHEIMER'S  ASSOCIATION



Vision: A world without
**Alzheimer's and
all other dementia®.**

ALZHEIMER'S  ASSOCIATION

Strategic goals



Providing and enhancing care and support.



Accelerating research.



Increasing concern and awareness.



Strengthening diversity, equity and inclusion.



Advancing public policy.



Increasing revenue.

ALZHEIMER'S ASSOCIATION

2024 ALZHEIMER'S DISEASE FACTS AND FIGURES



OVER **11 MILLION** AMERICANS PROVIDE UNPAID CARE FOR PEOPLE WITH OR OTHER DEMENTIAS

THE LIFETIME RISK FOR ALZHEIMER'S AT AGE 45 IS

1 in 5 FOR WOMEN

1 in 10 FOR MEN



NEARLY **7 MILLION** AMERICANS ARE LIVING WITH ALZHEIMER'S

BETWEEN 2000 AND 2021, DEATHS FROM HEART DISEASE HAVE

DECREASED 2.1%



WHILE DEATHS FROM ALZHEIMER'S DISEASE HAVE **INCREASED 141%**

70% OF DEMENTIA CAREGIVERS FEEL STRESSED WHEN COORDINATING CARE

AND MORE THAN HALF OF CAREGIVERS SAID NAVIGATING HEALTH CARE IS DIFFICULT



1 IN 3

SENIORS DIES WITH ALZHEIMER'S OR ANOTHER DEMENTIA

IN 2024, ALZHEIMER'S AND OTHER DEMENTIAS WILL COST THE NATION **\$360 BILLION**

BY 2050, THESE COSTS COULD RISE TO NEARLY **\$1 TRILLION**

3 IN 5 DEMENTIA CAREGIVERS SAY LESS STRESS AND MORE PEACE OF MIND ARE POTENTIAL BENEFITS OF HAVING A **CARE NAVIGATOR**

56% SAY IT COULD HELP THEM BE **BETTER CAREGIVERS**

IT KILLS MORE THAN BREAST CANCER AND PROSTATE CANCER **COMBINED**

THESE CAREGIVERS PROVIDED MORE THAN **18 BILLION HOURS** VALUED AT NEARLY **\$347 BILLION**

For more information, visit alz.org/facts

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TODAY, ALZHEIMER'S IMPACTS YOUR WORKPLACE

Caregivers often balance the needs of many.



6 in 10 CAREGIVERS ARE ALSO EMPLOYEES

Six in ten caregivers were employed in the past year. These individuals worked an average of 35 hours per week while also caregiving.



MOST HAVE ALTERED THEIR SCHEDULES

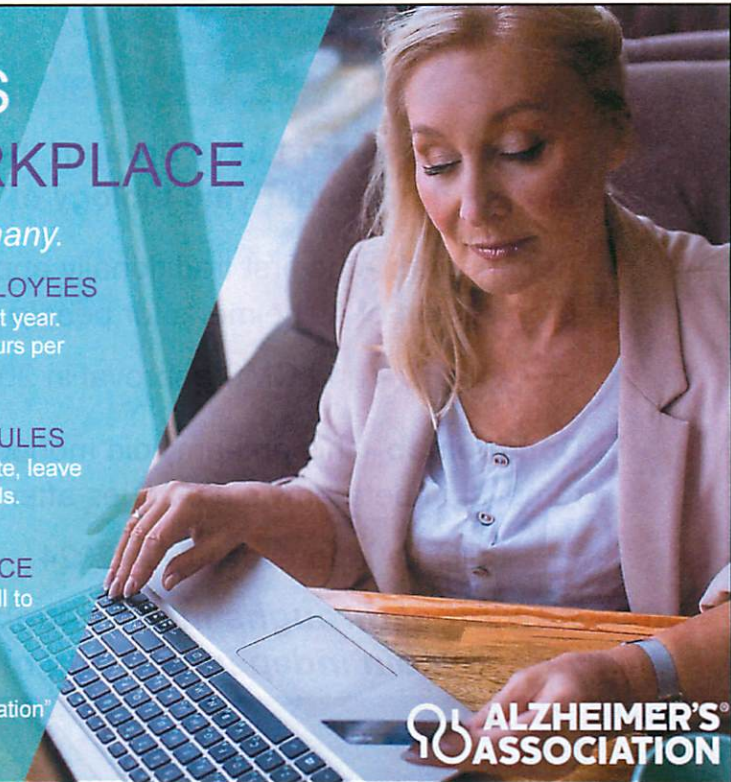
57% of these caregivers had to go into work late, leave early or take time off due to caregiving demands.



ALZ IS DIMINISHING OUR WORKFORCE

More than 18% of caregivers cut hours from full to part time. 9% gave up working entirely. 6% retired early.

*25% of caregivers are in the "sandwich generation" meaning they care for an aging parent AND children under 18.



The Alzheimer's Association is the world's leading nonprofit funder of Alzheimer's and dementia research.

currently active

\$405M



projects

1100+



countries

56



Research In Your Community



California

Total awards: 429
Year: 1993-2024



Total amount:
\$ 120 M

University of California, San Francisco, University of Southern California, The J. David Gladstone Institutes, Stanford University, Cedars-Sinai Medical Center, and others



New Era of Treatment

- The last two years have brought the first pharmaceuticals directly targeting the underlying biology of this disease
- **Lecanemab** - the first traditionally approved treatment that slows progression of Alzheimer's for people in the early stages
 - Full FDA and CMS approval in 2023
- **Donanemab** - this anti-amyloid monoclonal antibody shows an 84% removal of beta-amyloid plaques after 18 months in studies
 - Full FDA approval July 2, 2024

These new breakthroughs mean patients have more time to participate in daily life, remain independent and make future health care decisions.

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Alzheimer's Association Resources



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TYPES OF DEMENTIA

Dementia is an umbrella term for loss of memory and other thinking abilities severe enough to interfere with daily life.

- Alzheimer's
- Vascular
- Lewy body
- Frontotemporal
- Other, including Huntington's
- * **Mixed dementia:** Dementia from more than one cause

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10 Healthy Habits for Your Brain



Protect your head



Challenge your mind



Stay in school



Eat right



Manage diabetes



Be smoke-free



Maintain a healthy weight



Control your blood pressure



Sleep well



Get moving

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Support for Patients and Families

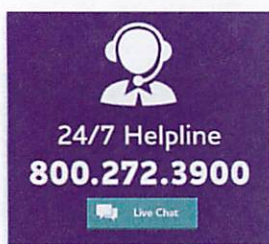
www.alz.org



- Connects individuals living with Alzheimer's, caregivers and healthy volunteers to clinical trials
- ALZNavigator™ is an interactive, online tool designed for anyone experiencing memory loss or caring for someone who is by providing guidance on next steps

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How We Can Help



24/7 Helpline

The Alzheimer's Association 24/7 Helpline ([800.272.3900](tel:800.272.3900)) is available around the clock, 365 days a year. Through this free service, specialists and master's-level clinicians offer confidential support and information to people living with dementia, caregivers, families and the public.



Free Education

Find dementia and aging-related resources that connect individuals facing dementia with local programs and services at alz.org.



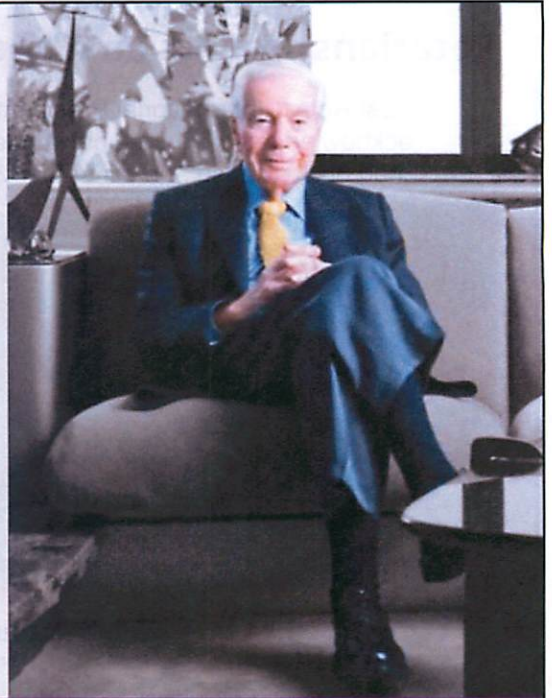
Alzheimer's Association & AARP Community Resource Finder

Get easy access to resources, community programs and services in your local community at communityresourcefinder.org.

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"Do things here and now, not after you're gone. If you have some money, share it. And if you have some time, do something worthwhile."

- Jerome Stone, Founding President, Alzheimer's Association



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I want to have an impact on the needs of my community.

I want to volunteer for respected organization with high impact.

I hate this disease so much. I need to do something!

I want to have multiple volunteer role opportunities within one organization.

I want to pay it forward for services I received from the Alzheimer's Association.

I wish I knew the Alzheimer's Association existed when I was on my journey.

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Rotarians' Impact on Alzheimer's Disease

Past Rotary International President, Jennifer Jones, acknowledged the incredible impact Rotarians have had on the cause and joined our 2023 Walk in SF:



ALZHEIMER'S / DEMENTIA
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Help Us Fight Alzheimer's Disease



As an Individual

Share your personal story as an advocate or Alzheimer's Association Representative.

Help your neighbors by providing education or a support group.

Get involved in clinical trials or a research study.

Start a fundraising team.



As an Organization / Group / Business

Start a team for Walk to End Alzheimer's, The Longest Day, RivALZ or Ride to End ALZ

Host an educational program or community listening session.

Share resources with your business associates, neighbors and friends.



For You and Your Family

Our 24/7 Helpline
800.272.3900

www.alz.org

Education

Support

Caregiving Resources

ALZHEIMER'S ASSOCIATION

WALK TO END ALZHEIMER'S
ALZHEIMER'S ASSOCIATION

Held annually in more than 600 communities nationwide, the Alzheimer's Association Walk to End Alzheimer's® is the world's largest fundraiser for Alzheimer's care, support and research.
alz.org/walk



Meet Our Walk National Teams

WALK TO END ALZHEIMER'S
ALZHEIMER'S ASSOCIATION

2024 NATIONAL TEAMS

DIAMOND LEVEL TEAMS		
BROOKDALE SENIOR LIVING	Edward Jones	SIGMA KAPPA
PLATINUM LEVEL TEAMS		GOLD LEVEL TEAMS
LCS	SeniorStar	Home Instead
Village Angels	SINCERI Senior Living	PragerMedia
SILVER LEVEL TEAMS		
Always Best Care	ARTIS	BRIGHTVIEW Senior Living
DOT	FBLA	FIVE STAR
IFG	FedEx	FRONTIER
Oasis	KPMG	Genesis
Erickson	LIFESPACE	NARF
Independent Living Systems	PROMEDICA	SHC
Optima	PRUITT	SUNRISE
Senior Living Solutions	SUNRISE Senior Living	SUNRISE Senior Living



Rotarians Raise Over \$1,000,000



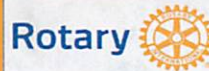
ADRAG's Vision

To leverage our members' extensive experience, resources and the Rotary network to *support and promote* Alzheimer's and dementia-related projects of all sizes at the local Rotary, district, and international level through providing a global platform for collaboration, education, and support.

ADRAG's Mission

The Alzheimer's / Dementia Rotarian Action Group (ADRAG) supports its vision by supporting Rotary and Rotaract clubs and districts as they plan and execute meaningful projects and programs centered on Alzheimer's and dementia. This support will take many forms including the education of 1.2 million Rotarians and Rotary leaders on the latest scientific research in the fight to find a cure for Alzheimer's disease and about the disease's devastating impact on communities and families. ADRAG will also promote Rotary and Rotaract projects that work within Rotary International's Disease Prevention and Treatment Area of Focus among the communities Rotary serves in over 200 countries around the world.

Visit www.adrag.org to learn more and join ADRAG.



ALZHEIMER'S / DEMENTIA
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ADRAG National Team History



2020 National Team Success

- 802 participants
- 180 teams
- \$234,164 raised

2021 National Team Success

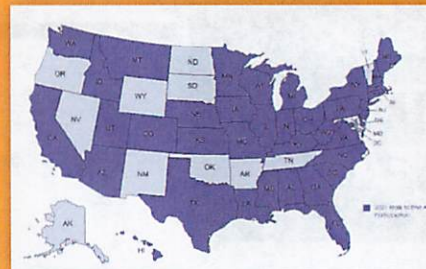
- 899 participants
- 172 teams
- \$301,390 raised

2022 – National Team Success

- 1,293 Participants
- 224 Teams
- \$354,114

2023 National Team Success

- 1,457 participants
- 263 teams
- \$508,235 raised



ALZHEIMER'S / DEMENTIA
Rotary Action Group

**THESE
FLOWERS
HAVE A
LOT OF
FIGHT IN
THEM.**

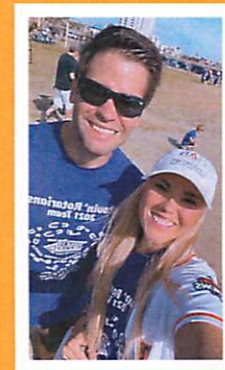
**WALK TO END
ALZHEIMER'S**
ALZHEIMER'S ASSOCIATION

Register at
www.alz.org/adrag



Local Walk Involvement

- **Exhibit Space** – The Rotary Clubs in our area have the opportunity to have an exhibit space at our local walk.
- **Sponsorship Opportunities** - Sponsorship is a great way to support the cause and increase your club or organization's visibility in our community.
- **Volunteer Opportunities** - Join one of our Walk Committees. We have roles for all who want to get involved.
- **CREATE OR JOIN A WALK TEAM TODAY!**



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THANK YOU!

ALZHEIMER'S  ASSOCIATION