

California Coastal Trail (CCT)



In September, 2013, my wife Melody and I plan to walk the entire length of the California Coastline from Oregon to Mexico, following the C.C.T. 1,200 miles in length.
Approx 3-4 months.



There are 3 main reasons for this walk.

1) -- Promote Rotary International.



2) -- Promote healthy living through exercise.



3) -- Collaborate with fellow Rotarians along the way to write a book.





1) Rotary International:

We will engage with people we meet, through conversation and story telling, about the importance of Rotary in our communities and abroad. We have been Rotarian's for 5 years now, and we are constantly inspired by the people in our club and what they do to make our community stronger. Service with compassion seems to be a constant. My wife and I will continue our service in the same vein.



2) Healthy living through exercise:

The best way to share this concept is by "doing".

The coastline of California is spectacular, and we want to encourage people to get out and explore it.

With health issues sky rocketing in this great country, we personally feel an incredible need to promote healthier lifestyles. Let's face it...we are much more productive when we are healthy.

Also important, is our shared experience and the strong bond that this will create for us as a married couple.



- 3) A book: We plan on meeting with Presidents and fellow Rotarians that are near or on the California Coast, to discuss their local and International projects, and to also hear stories of past accomplishments and inspiration. We plan to keep a log of information on the many clubs and their community involvements to share with our District 5240 leaders and the Rotary Club of Los Olivos. With all of this logged, our goal is to write a book that will inspire a future generation of leaders.



In 1981, Luigi (along with his brother Beni) became the first New Zealanders to hike the entire length of the Appalachian Trail, 2,120 miles. Duration — 5 months. They raised several thousands of dollars for Handicapped children.



In 1985, Luigi along with 2 other friends from NZ, hiked the Pacific Crest Trail from Mexico to Canada. 2,560 miles. Duration — 6 months. Luigi filmed this sojourn as a Documentary for Television NZ



Luigi has just returned from New Zealand after walking the length of the country with his Nephew, along the Te Araroa Trail. (The Long Pathway) 2,000 miles. Duration — 4 months. Dec 2012 to March 2013. Raising awareness for “Special Olympics” and funds for “Nature Track” (Local CA non profit).



“In every walk in nature, one receives far more than he seeks”
John Muir

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