

## Davina's Helping Hands

Dear Friends, Family, and Colleagues of Davina Breazeale,

Just recently, Davina Breazeale, a very special critical care nurse at Santa Rosa Memorial Hospital, was recently diagnosed with cancer. She has three small children, ages 2, 4, and 8 and this is a very difficult time for her and her family. Facing tremendous medical bills and a decrease in income for at least six months, a network of friends, family, and colleagues are gathering together to raise funds to help keep them afloat during this rough time in their lives.

We have set up a Walk-A-Thon Fundraiser on Sunday April 15, 2012 at the Howarth Park Gazebo/Play area from 9am-4pm. The walk-a-thon will begin at the Howarth Park path entrance that leads to the Spring Lake Loop. This is a 3.7 mile walk. Maps, balloons, and mile markers with water stations and cheering will be provided along the route. There will be a continental breakfast starting at 8am for all Walk-A-Thon Participants. We would like all walk-a-thon participants to be done walking and back at the gazebo by 11:30 for a family fun picnic/BBQ! We will also be having a wonderful bake sale with home-made treats!

Walk-A-Thon Sponsor Packets can be picked up by any Helping Hands Contact People, the ICU at Santa Rosa Memorial Hospital, or we can e-mail you a packet. Sponsors should make checks out to Davina's Fund. The cost for pre-ordering BBQ tickets is \$5.00 per person or \$7.00 at the event.

Thank you so much for participating in this event. Together we can make a difference for the Breazeale family in this time of need!

Laurie Crum, e-mail: lauriejeanrn@att.net (707) 548-2603 Nancy Sweet, e-mail: nancydonsweet@sbcglobal.net (707) 575-3616 Wendy Breazeale, e-mail: gwdm@sonic.net (707) 480-8563



## It's time for Davina's Helping Hands! Walk-A-Thon!

Sunday, April 15 (Rain or Shine!)

First Name:	Last Name:

Dear Potential Sponsor,

I am participating in the Davina's Helping Hands Walk-A-Thon. All proceeds will help Davina's Helping Hands Fund. The Walk-A-Thon will take place at Howarth Park and I will be walking a 3.7 mile walk for Davina. Please Make checks payable to "Davina's Fund".

Thank you!

Name of Sponsor		I will walk a 3.7 Mile Loop	Flat Donation Amount	Paid
1		3.7 Mile Loop		
2		3.7 Mile Loop		
3		3.7 Mile Loop		
4		3.7 Mile Loop		
5	* *******	3.7 Mile Loop		
6		3.7 Mile Loop		
7		3.7 Mile Loop		
8		3.7 Mile Loop		
9		3.7 Mile Loop		
10	7.33	3.7 Mile Loop		
11		3.7 Mile Loop		
12		3.7 Mile Loop		
13		3.7 Mile Loop		
14		3.7 Mile Loop		
15		3.7 Mile Loop		
16		3.7 Mile Loop		
17		3.7 Mile Loop		
18		3.7 Mile Loop		

Participants: To reach our goal, we hope that each participant finds 10 sponsors. Please bring this form and sponsor donations with you on the Walk-A-Thon day, Sunday, April 15, 2012

## Davina's Helping Hands Walk-A-Thon Sunday April 15, 2012, 8am-4pm Walkers will start walking at 9am

Our walk-a-thon is a fun and fit activity for families of all ages. Strollers and dogs are welcome!

We will be gathering at the Howarth Park Gazebo at 08:00 for a continental breakfast to power-up for our 3.7 mile walk for Davina! The walk will start at the Howarth Park Pathway entrance heading to the Spring Lake loop at 9 am sharp. We will then take a left at the fork and head around the Spring Lake Loop. There will be mile markers with water stations and cheering provided along the route. We would like all walkers to be done walking by 11:30 so we can participate in a family fun BBQ and bake sale event. This is going to be really fun and we are excited to see you all out there walking for Davina!

We hope that each family will participate in the walk-a-thon to the best of its ability. We're hoping to make this walk-a-thon the best ever, so the more contributions you raise, the more successful we'll be at achieving our goal. Thank you very much for your participation!

## Rules

- Walkers may start collecting pledges as soon as they receive the pledge sheets.
  Reminder: Pledge sheets need to be turned in on walk-a-thon day, Sunday April 15, 2012
- 2. Pledges may be made by anyone. We are asking for a flat pledge rate because we are planning to walk the entire 3.7 mile loop. **Each sponsor making a pledge should write their name.** Pledges can be collected in advance but please keep pledges until all are collected and turn in on Walk-A-Thon day.
- 3. Participants are encouraged to wear hats and sunscreen if it's sunny or bring rain gear if it's rainy.
- 4. Strollers and dogs are allowed. (Please follow park rules and clean up after your pet).

We look forward to all our participants having a great time! For questions or concerns, or to volunteer e-mail or call any of the following contact people:

Laurie Crum, e-mail: lauriejeanrn@att.net (707) 548-2603

Nancy Sweet, e-mail: nancydonsweet@sbcglobal.net (707) 575-3616

Wendy Breazeale, e-mail: gwdm@sonic.net (707) 480-8563